NOTE: This worksheet is for you to take and use in your business so I didn’t brand it to the book. Remove this sentence, brand for your business, and feel free to use it.

1. What’s one thing that you’d like me to start doing?

2. What’s one thing that you’d like me to stop doing?

3. What’s one thing that you’d like me to keep doing?

4. In three sentences or less, can you describe any reservations that you had before we started working together?

5. In 3 sentences or less, can you explain how I was able to help you with your reservations?

6. Can you describe your 1-2 top goals when you started?

1.

2.

7. In point form, can you list your achievements training with me thus far?

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8. Is there anything else at all that you’d like to add?

Top of Form

I give permission to YOUR NAME to use this information for any promotional efforts in the future (Please check).



Bottom of Form

Print Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_