Elephant Identification and Direction Questionnaire

1. What do you hope to accomplish from training with me?

2. What do you perceive to gain from accomplishing your goal?

3. What do you perceive to be giving up or losing to accomplish your goal?

4. What behaviors or actions do you think will get in your way of achieving your goal?

5. Where are you at when you engage in these behaviors and actions?

6. When or what time of the day do you engage in these behaviors and actions?